

This material is part of a collection that documents the harassment, discrimination, and retaliation perpetrated against Alaska's women research scientists by their supervisor, with full knowledge (and arguably, "tacit approval") of their federal employer, the USDA Agricultural Research Service (ARS)

From: "ckbower@cmug.com" <ckbower@cmug.com>
Subject: **A little Blue Cross humor...**
Date: February 27, 2009 10:15:54 AM AKST
To: lori _____
Reply-To: ckbower@cmug.com

I was going through my ARS mail and found a flyer from Blue Cross outlining the symptoms of a heart attack. Surprisingly they don't differ all that much from the symptoms occurring when your employer illegally discriminates against you:

- Nausea and light-headedness
- Feeling agitated or fatigued
- Indigestion-like symptoms
- Discomfort in your back or arms

Maybe Blue Cross should send out a flyer about stress from employer misconduct...

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